**Psychology Key Term List 1 History and Perspectives**

Copy these terms on index cards to use as flash cards.

1. Psychology-the study of behavior and mental processes.
2. Structuralism- theory that analyzed the basic parts of thoughts and sensations to try and understand the structure of consciousness.
3. Functionalism-theory that emphasized the functions of consciousness and the ways consciousness helps people adapt to their environment.
4. psychoanalytic perspective-focuses on how behavior springs from unconscious drives and conflicts
5. behaviorist perspective-focuses on how we learn observable responses.
6. humanistic perspective-focuses on an individual’s freedom to choose and become the best that they can be.
7. cognitive perspective-focuses on how we take in, process, store, and retrieve information.
8. biological perspective-focuses on how physical and chemical changes in the body influence behavior
9. social-cultural perspective-focuses on how society and culture influence your behavior and the way you think.
10. basic research –research done only to increase understanding of the subject
11. applied research-research and study that seeks to solve practical problems.